



**You can be certain you're  
wearing the very best finishing  
appliance available.**

Your orthodontist has prescribed the iFinisher, a custom appliance manufactured by TP Orthodontics, Inc., a worldwide leader in the orthodontic industry. From all of the materials required for orthodontic treatment, to custom finishing and retention appliances, we've been helping to make great smiles for over 70 years.

To learn more about TP Orthodontics, visit:

**TPOrtho.com**



**Take your  
smile to the  
next level**

# Congratulations!

You are nearing the completion of your orthodontic correction.



iFinisher™

While treatment plans vary from patient to patient, your orthodontist may remove your braces or aligner trays slightly earlier than planned. Your new iFinisher™ appliance can correct any remaining minor discrepancies in the dental arches – but you must follow the instructions for wear.

## Wearing your iFinisher:

Make sure to wear your iFinisher as directed. Teeth easily and very quickly revert to their previous position if not wearing an iFinisher or retainer. Be sure to call your orthodontist's office immediately if you have any difficulty in wearing your iFinisher. If you are wearing an iFinisher following aligner treatment, you may use the last aligner tray as a substitute if your iFinisher is lost or damaged.



**Full-time wear** (22-24 hours) for the first two days (except when eating and brushing). The first days after removal, your teeth are most receptive to the subtle changes from the iFinisher.



For the next few weeks, wear your iFinisher as much as possible. The more you wear it, the faster it will work and the sooner you'll have permission to discontinue the appliance. **Minimum daytime wear should total four hours.** It is essential that you gently bite into the iFinisher throughout the day for maximum effect. This is known as "exercise wear" and when done frequently will produce faster results.



### **Wear your iFinisher at night, every night.**

For the first few nights you may find it difficult to keep the iFinisher in your mouth the entire night. Within a few nights, you should get used to it and it will be much easier to wear it while sleeping.

*Please note:* Daytime wear is much more effective than wear during sleep, so it is critical that you wear your iFinisher during the day as directed. If it is coming out at night, make sure to wear your iFinisher for additional time during the day.



**Your goal is 12 hours per day total, including sleeping wear.** The four hours during the day can be all at once, or in increments as small as 20 minutes. The more you wear your iFinisher the better and healthier your bite will be.

## Caring for your iFinisher:

Clean your iFinisher every day by gently brushing it with a soft toothbrush using toothpaste and rinse thoroughly. Keep it in its case when not in use.

## iFinisher Follow-up:

Your orthodontist will schedule a follow-up appointment to see you two to four weeks after you receive your new iFinisher to see how much more wear is required. If you wear your iFinisher as directed and the teeth are in their proper position, you'll be able to discontinue use and get your retainer.

Treatment plans vary, so only your orthodontist can tell you when the time is right – and what type of retainer is recommended for you. Please contact your orthodontist's office if you have any questions about your iFinisher.



*"After my teeth were straightened with aligners, my orthodontist prescribed the iFinisher. It was super-easy to use and it felt like everything just tightened up – and my bite greatly improved. The iFinisher took my smile to the next level!"*

Krikett, iFinisher Patient